

Example 'Blue Cross' A-E Assessment

Trauma

S –

- 30 y.o M driver in RTC
- Head on collision with 2nd vehicle, travelling approx. 30mph (60mph combined speed)
- Was wearing seatbelt, airbags deployed
- Self extricated but collapsed with SCAS, new oxygen requirement and pain ++

B –

- PMHx – asthma
- Allergies – NKDA
- Social – normally fit and well, independent, lives at home with roommates

Assessment –

Met by trauma team on arrival to Resus

A – Own airway, patent, speaking in short sentences

B – RR 30, sats 90% on 15L via non-rebreather, increased work of breathing with diminished breath sounds on R), portable XR performed in resus showed haemothorax, chest drain inserted and drained 500mls + blood immediately

C – Connected to cardiac monitoring on arrival – HR 120-130, hypotensive (SBP < 100), clammy and pale, cold peripherally, 2 x IVC inserted L) & R) ACF, bloods sent inc clotting & group and screen, MHP activated and blood/FFP given 1:1 ratio

D – GCS 15, PEARL 4mm, given IV paracetamol @ 1330 and morphine 5mg @ 1350 with SCAS

E – Hypothermic (35.3), bruising over R) side of chest and abdomen

R –

- CT []
- Continue blood resuscitation
- Cardiothoracics to see in Resus

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