

Had a rough shift? A case that's stuck with you too long? Something at work is bothering you?

Know someone else is struggling with something?

**Send a quick email to:
SupportEDEAU@ouh.nhs.uk**

We will get back to you as quickly as possible to provide signposting, support or a check in and chat



Open to all
members of
the ED/EAU
team!