

STAFF TESTING PATHWAY FOR RESPIRATORY VIRUSES

1. Asymptomatic – no testing

2. Symptomatic – no testing

All staff at work must report respiratory symptoms to their line manager or nurse in charge. They should be excluded from clinical duties if they have a sore throat, uncontrolled coughing/sneezing, or a runny nose requiring frequent wiping.

Staff with symptoms consistent with respiratory viral infection (fever of $>38^{\circ}\text{C}$ or history of fever plus two or more symptoms of cough or other respiratory symptoms, chills, sore throat, headache, muscle aches) must stay away from work and contact GoodShape and their manager. **Stay at home until resolution of symptoms including being free of fever for 24 hours.**

In all areas, staff who are fit to work but with minor respiratory symptoms should follow the advice below to further reduce risk of spread:

- Wear a surgical mask
- Cough or blow nose away from patients/clinical areas
- Dispose of tissues immediately after use, preferably into a lidded waste bin
- Clean hands after sneezing/coughing/handling used tissues and after all contact with the face

If testing is performed and positive for COVID-19, follow national guidance - **People with symptoms of a respiratory infection including COVID-19 - GOV.UK**